

**DANCE**  
**Day 2**

<b>Standards</b>	<b>Indicator D.CR IH.1.2</b> : I can use the elements of dance to develop a composition based on a variety of senses, ideas, and moods.
<b>Learning Targets/I Can Statements</b>	I can think critically about our current situation with COVID-19. I can respond to current issues through movement.
<b>Essential Question(s)</b>	What is social distancing and how does it affect me as a dancer?
<b>Resources</b>	Music you can access on your own
<b>Learning Activities or Experiences</b>	<p><b>Introduction-5 minutes</b> Let's do some journaling about what is currently going on around us:</p> <ul style="list-style-type: none"> <li>• What is social distancing and how is it currently affecting you? (If you are not sure, a simple definition is that social distancing means staying 6 feet or at least an arm's length away from others.)</li> <li>• How does social distancing affect your ability to dance?</li> <li>• What are things that you may miss (events or general activities) because of the call for social distancing?</li> <li>• How does that make you feel?</li> </ul> <p>(You will need to turn this journal into your teacher)</p> <p><b>Exploring the content-15 minutes</b> Run through your own personal warm-up/movement activities that created in the Day 1 lesson to get your body warm and ready to move/create.</p> <p><b>Extended Learning-30 minutes</b> Create your own short dance about your feelings on social distancing:</p> <ul style="list-style-type: none"> <li>• Read through your journal and pick out 6 words that inspire movement, such as sad, frustrated, alone, etc.</li> <li>• Create one count of eight of movement for each of the words you chose.</li> <li>• Create transitions for how you get from one word's eight count to another word's eight count until all 6 are connected.</li> <li>• Create a beginning and ending shape.</li> <li>• Choose music that helps evoke the mood/meaning of your dance</li> <li>• Send your teacher a video of your dance and your journal writing</li> </ul>